

COSTA RICA – Volunteering & Outreach Through Music Education & Performance

Travel to the beautiful Latin American country of Costa Rica and discover the joy of connecting with local children and adults through musical performances as well as music education.



COSTA RICA

PERFORMANCE, OUTREACH, MUSIC EDUCATION & ADVENTURE

Music is an integral part of most Latin American cultures and Costa Rica is no exception. Many of Costa Rica's musical traditions date back to colonial times, when the Spanish brought European rhythms to the country's shores. Over time, Spanish beats harmonized with indigenous tempos to create folkloric music unique to Costa Rica.

Perform International can provide life-changing outreach opportunities for your choir during your performance tour of Costa Rica. For example, you could have an outreach concert at a Montessori daycare center for children and adults living in extreme poverty. You could sing for the children and parents of this very low-income community who have limited opportunities to experience the joy of music.

Your choir will work with local schools on a volunteer basis and offer workshops to music students who will benefit from the one-on-one instruction.

Over the past 30 years Costa Rica established thirty schools across the country with the vision of producing good citizens through music education, especially in low income and remote communities. There will be an opportunity to donate sheet music as well as anything else that you feel music students benefit from in their music education. There will also be a chance to exchange with local choirs and perform in concerts.

Costa Rica is located in Central America and is bordered by Nicaragua to the north, Panama to the southeast, the Pacific Ocean to the west, and the Caribbean Sea to the east. Because of the year-round tropical climate Costa Rica is a favorite destination for those that enjoy ecotourism.

In addition to performance opportunities, there will be plenty of time to enjoy the tropical rain forests and abundant nature of the northern area of Costa Rica. You could visit some of the indigenous coffee plantations that this country is famous for and soak up the amazing cloud forest in Monteverde, one of Costa Rica's most beautiful destinations. The cloud forest is filled with rich biodiversity. You will also get to see the Arenal Volcano, one of the ten most active volcanoes in the world. The Monteverde area and the Arenal Volcano are among Costa Rica's Seven Wonders.

Contact us today to find out more about a performance tour to beautiful Costa Rica!



PROPOSED ITINERARY



7 Nights – San José, Arenal & Monteverde

Day 1 - DEPARTURE USA

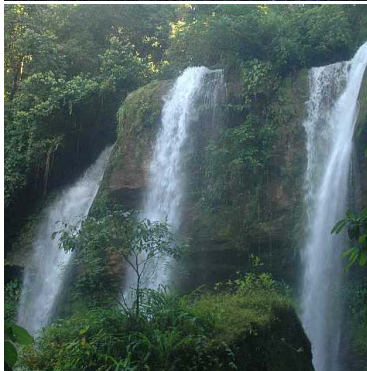
Flight from USA to San José, Costa Rica. Overnight in San José.

Day 2 - SAN JOSÉ

Breakfast at hotel and then spend day serving at a local music school. Perform an exchange concert with a local Catholic youth choir. Overnight in San José.

Day 3 - SAN JOSÉ / ARENAL

After breakfast perform at daycare center in low-income neighborhood. Travel to Arenal. See Arenal Volcano and Ecotermes Hot Springs on the trip. The Arenal Volcano provides a spectacular view because of its almost continuous lava flow. The Hot Springs feature a hot water river that is warmed by magma in the earth's interior. Overnight in Arenal.

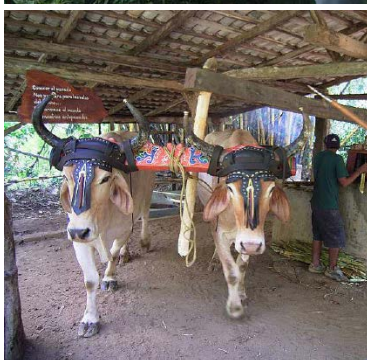


Day 4 - ARENAL

On this day you will take a canyoning tour which will include hiking to waterfalls, rappelling and more. After 4 rappels you will take a short trek out of the canyon on a magical trail, jump back in the 4x4 vehicles and head back to base camp. In the afternoon you will teach about music and its importance to local high school students. Overnight in Arenal.

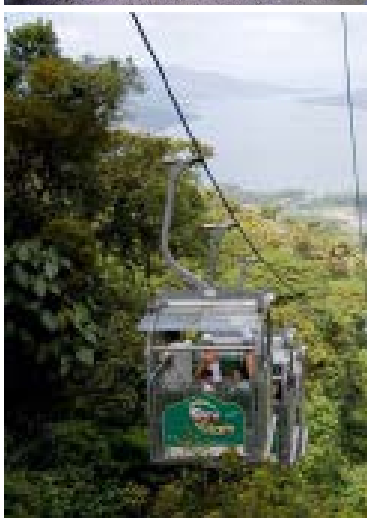
Day 5 - ARENAL / MONTEVERDE

Morning trip from Arenal to Monteverde. After arrival take "Trabiche Tour" to see the workings of a traditional Costa Rican farm and then take a tour of a traditional coffee processing facility. Overnight in Monteverde.



Day 6 - MONTEVERDE

Take a ride in the Sky Tram gondolas over the cloud forest which offers one of the most beautiful views in Central America. You will be able to see the Nicoya gulf and the golden Guanacaste plains if the sky is clear enough. Later enjoy an adventure on the Sky Trek - a series of canopy lines for you to soar like a bird through the forest. In the evening your group will have a performance at a church in Monteverde. Overnight in Monteverde.



Day 7 - MONTEVERDE / SAN JOSÉ

Morning visit to the Monteverde Reserve, a region considered to be one of the most biologically diverse areas in the country. This is why Monteverde Cloud Forest Reserve is a popular destination of nature lovers from around the world who marvel at its beauty. Take a four-hour tour and get to see unusual plants and birds native to this area. In the evening travel back to San José to perform a final concert. Enjoy a farewell dinner and then overnight in San José.

Day 8 - SAN JOSÉ / USA

Return to USA taking with you lifelong memories of exploring the rich artistic culture and natural beauty of Costa Rica and sharing your own music and culture with the people there.

